

## Mount Falcon Afternoon Tea



### Afternoon Tea History

*Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7th Duchess of Bedford is said to have complained of "having that sinking feeling" during the late afternoon. At the time it was usual for people to take only two main meals a day, breakfast, and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot a tea and a light snack, taken privately in her boudoir during the afternoon.*

*Later friends were invited to join her in her rooms at Woburn Abbey and this summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for "tea and a walk in the fields." Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room. Before long all of fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.*

*Today at Mount Falcon we offer Afternoon Tea in our Residents Lounge proudly prepared by **Philippe Farineau** and his team. We also have walks around our estate for which there is a map at front desk. We hope what we have to offer does not give you, our guest, that "sinking feeling" ....Enjoy!!*

*Light Afternoon Tea*

*Homemade Sultana Scone*

*Clotted Cream & Mini Preserves*

*Tea or Freshly Brewed Coffee*

**€6.00 per Person**

*Mount Falcon Afternoon Tea*

*Selection of Sandwiches*

*Organic Smoked Salmon on Open Brown Soda  
Baked Ham & Sliced Emmenthal Cheese on white bread  
Free Range Egg Mayonnaise on Open Brown Soda*

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*Selection of Mount Falcon Pastries,  
Fruit Cake & Biscuits.*

*Fresh Baked Biscuits  
Sultana Scones  
Clotted Cream, Mini Preserves  
Caramel Square  
Homemade Pastry*

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*Tea or Coffee*

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**€16.00 per Person**

**€25 for two People**

***Including a Glass of Sparkling Proccesso €5.00***

***Including a Glass of Champagne €8.00***

*Afternoon Tea is served  
From 3.00pm to 5.30pm Daily in  
Our Resident Lounge.*

*Head Chef  
Philippe Farineau  
"Irish Produce French Heart"*